

Appetizers

1. Cream Cheese Fried Won Tons (8) 6.55
2. Skewered Beef (4) 6.75
3. Deep Fried Shrimp (4) 6.60
4. Egg Rolls (4) 5.70
5. B.B.Q. Pork 6.20
6. B.B.Q. Spareribs (2) 6.75
7. Potstickers (8) 6.70
(Chinese pan-fried "raviolies")
8. Pork Fried Won Tons (8) 6.75
9. Chicken Fried Won Tons (8) 6.75
10. Paper Wrapped Chicken (8) 6.75
11. Chicken Salad 6.00
(Oven roasted chicken, shredded lettuce, and crispy rice sticks in tangy red ginger dressing)

Soup

- | | S
(1-3) | M
(4-5) | L
(6-10) |
|------------------------------------------------------------------------------------------------------------------------|------------|------------|-------------|
| 12. Sizzling Rice Soup
<i>(Chicken broth blended with chicken, shrimp, mixed vegetables, and golden rice)</i> | 7.05 | 9.55 | 11.80 |
| 13. Won Ton Soup 7.05 | 9.55 | 11.80 | |
| 14. Hot & Sour Soup
<i>(Sliced shrimp, bean curd, pork, and egg flower in full boiled broth)</i> | 7.35 | 9.85 | 12.10 |
| 15. Egg Flower Soup 6.35 | 8.85 | 11.10 | |
| 16. Vegetable Soup 6.35 | 8.85 | 11.10 | |

Pork

17. Sweet & Sour Pork 10.25
18. Szechwan Pork 10.25
(Shredded pork and vegetables with Szechwan hot sauce)
19. Shredded Pork in Hot Garlic Sauce 10.25
20. Pork with Assorted Vegetables 10.25
21. Shredded Pork with Green Peppers 10.25
(Sliced tender pork, marinated with mandarin sauce and cooked with green onions)
22. Shredded Pork with Cabbage 10.25
23. B.B.Q. Pork with Snow Peas 10.25

👉 hot and spicy item

Beef

24. House Special Beef 11.95
(Sliced tender beef marinated with mandarin sauce)
25. Mongolian Beef 11.60
(Sliced tender beef marinated with green onions and garnished with crispy rice sticks)
26. Black Mushroom Beef 11.30
27. Green Pepper Beef 10.90
28. Szechwan Beef 10.90
(Sliced tender beef and vegetables with Szechwan hot sauce)
29. Kung Pao Beef 11.30
(Sliced tender beef, vegetables, and peanuts with spicy sauce)
30. Curry Beef 11.30
31. Beef with Vegetables 10.90
(Sauteed with your choice of broccoli or snow peas)
32. Beef with Tomato 10.90
(Sauteed with tomatoes and green onions)
33. Beef with Oyster Sauce 10.90
(Sauteed and served with broccoli, bamboo shoots, and oyster sauce)
34. Beef with Assorted Vegetables 10.90
35. Orange Peel Beef 11.95
(Crispy beef served in our special spicy orange peel sauce)

Fowl

36. House Special Chicken 10.65
(Diced tender chicken marinated with mandarin sauce)
37. Szechwan Chicken 11.55
(Deep fried chicken in spicy sauce and garnished with onions)
38. Chicken with Assorted Vegetables 10.25
39. Garlic Chicken 10.25
(Served with water chestnuts, mushrooms, green peppers, and onions)
40. Sweet & Sour Chicken 10.25
41. Chicken with Green Beans 10.25
42. Cashew Nut Chicken 10.25
43. Almond Chicken 10.25
44. Kung Pao Chicken 10.25
(Diced tender chicken, vegetables, and peanuts with spicy sauce)
45. Orange Peel Chicken 10.75
(Deep fried chicken served in our special spicy orange peel sauce)
46. Chicken with Vegetables 10.25
(Sauteed with your choice of broccoli or snow peas)
47. Mushroom Chicken 10.25
(Moo Goo Gai Pan)
48. Mongolian Chicken 10.25
(Chicken marinated with green onions and garnished with crispy rice sticks)
49. Curry Chicken 10.25
50. Crispy Duck (half) 15.45 (whole) 27.45

👉 hot and spicy item

Seafood

51. House Special Prawns 12.95
(Deep fried marinated prawns with sweet & spicy sauce, cooked with chopped green onions)
52. Seafood Happy Family 13.95
(Shrimp, scallops, and chicken with vegetables)
53. Seafood in Sizzling Platter 13.95
(Shrimp, scallops, and beef with vegetables, sauteed in brown sauce)
54. Garlic Shrimp 12.75
(Served with water chestnuts, mushrooms, green peppers, and onions)
55. Sweet & Sour Shrimp 12.75
56. Kung Pao Flavor 12.75
(Shrimp and beef served with vegetables in spicy sauce and garnished with peanuts)
57. Dry-Braised Shrimp 12.95
58. Szechwan Shrimp 12.75
(Shrimp and sliced vegetables with Szechwan hot sauce)
59. Curry Shrimp 12.75
(Served with vegetables in spicy sauce)
60. Princess Shrimp 12.75
(Served with vegetables in spicy sauce and garnished with peanuts)
61. Shrimp with Cashew Nuts 12.75
62. Shrimp with Fresh Mushrooms 12.75
(Served with green peas and fresh mushrooms)
63. Shrimp with Vegetables 12.75
(Sauteed with your choice of broccoli or snow peas)
64. Shrimp in Black Bean Sauce 12.75
(Black bean sauce is the noble ancestor of soy sauce, a smooth, dark sauce, yet subtle)
65. Shrimp in Lobster Sauce 12.75
(Served with ground pork, black beans, mushrooms, waterchestnuts, eggs, peas, and carrots)
66. Garlic Scallops 16.75
67. Honey Glazed Walnut Shrimp 15.75
68. Szechwan Scallops 16.75
69. Scallops with String Beans 16.75

Mu-Shu

(All served with egg and vegetables, Chinese thin pancakes, and plum sauce)

70. Mu-Shu Shrimp 10.70
71. Mu-Shu Pork 10.25
72. Mu-Shu Chicken 10.25
73. Mu-Shu Beef 10.25
74. Mu-Shu Vegetables 9.65

Vegetables

75. Assorted Vegetables 8.90
76. Kung Pao Vegetables 8.90
77. Broccoli with Oyster Sauce 8.90
78. Snow Peas with Water Chestnuts 8.90
79. Black Mushrooms with Bean Curd 8.90
80. Hot Braised Bean Curd 8.90
(Bean curd and ground pork served with hot sauce)
81. Family Style Bean Curd 8.90
82. Green Beans in Garlic Sauce 8.90
83. Buddha's Feast 8.90
(Sauteed broccoli, snow peas, mushrooms, bamboo shoots, napa cabbage, and bean sprouts in a delicious sauce)



Egg Foo Young

84. House Special Egg Foo Young.....	9.80
85. Beef Foo Young.....	8.95
86. Pork or B.B.Q. Pork Foo Young.....	8.95
87. Chicken Foo Young.....	8.95
88. Shrimp Foo Young.....	9.80
89. Vegetable Foo Young.....	8.75

Chop Suey (Vegetables)

90. House Special Chop Suey.....	9.95
91. Beef Chop Suey.....	8.95
92. Pork or B.B.Q. Pork Chop Suey.....	8.95
93. Chicken Chop Suey.....	8.95
94. Shrimp Chop Suey.....	9.95
95. Vegetable Chop Suey.....	8.80

Chow Mein (Soft Noodles)

96. House Special Chow Mein or Noodle Soup.....	9.75
<i>(Soft noodles served with shrimp, beef, chicken, and vegetables)</i>	
97. Beef Chow Mein.....	8.45
98. Pork or B.B.Q. Pork Chow Mein.....	8.45
99. Chicken Chow Mein.....	8.45
100. Shrimp Chow Mein.....	9.75
101. Vegetable Chow Mein.....	8.15
102. Mixed Meat Chow Fun.....	10.55
<i>(Flat noodles served with shrimp, beef, chicken, and vegetables)</i>	

Fried Rice

103. House Special Fried Rice.....	8.45
104. Beef Fried Rice.....	7.95
105. Pork or B.B.Q. Pork Fried Rice.....	7.95
106. Chicken Fried Rice.....	7.95
107. Shrimp Fried Rice.....	8.45
108. Vegetable Fried Rice.....	7.25
109. Egg Fried Rice.....	5.70
110. Steam Rice.....	1.00
111. Brown Rice.....	2.95

Family Dinner For 2 or more

15.25 per person

Soup	For 2 Persons	Mongolian Beef
Three Flavor Sizzling Rice Soup		Garlic Chicken
Appetizers	For 3 Persons	add House Special Prawns
Egg Roll, Fried Won Ton, Potsticker,	For 4 Persons	Mu-Shu Pork
Paper Wrapped Chicken	For 5 Persons	B.B.Q. Pork w/ Snow Peas
Entrees	For 6 Persons	Chicken w/ Green Beans
With Steam Rice	For 7 Persons	Assorted Vegetables

Each Entree may be substituted from a la carte menu. Shrimp add \$3.50. Scallops add \$6.50. Fried Rice add \$2.00.

Complete Dinner

For a wider selection, we offer a complete dinner with any entree. Price is that of the entree plus 3.55 per person.

- Daily Soup (Soup substitute add \$1.50)
- Appetizers (Egg roll, paper wrapped chicken, and fried won ton)
- Entree (Your choice) • Steamed Rice (Fried rice add \$2.00)

Luncheon Special

Monday – Friday, 11:30am – 3:00pm (not served on holidays)

Served with your choice of house soup or salad (not included for take out), fried won ton, egg roll, rice (brown rice add \$1.00), and your choice of the following:

1. House Special Chicken.....	7.65
<i>(Diced tender chicken marinated with mandarin sauce)</i>	
2. Almond Chicken.....	7.35
3. Garlic Chicken.....	7.35
<i>(Served with water chestnuts, mushrooms, green peppers, and onions)</i>	
4. Kung Pao Chicken.....	7.35
<i>(Diced tender chicken sauteed with vegetables and peanuts)</i>	
5. House Special Beef.....	7.65
<i>(Sliced tender beef marinated with hot sauce)</i>	
6. Mongolian Beef.....	7.35
<i>(Sauteed sliced tender beef marinated with green onions)</i>	
7. Beef with Vegetables.....	7.35
<i>(Sauteed beef served with your choice of snow peas or broccoli)</i>	
8. Szechwan Beef.....	7.35
<i>(Sliced tender beef, celery, carrots, bamboo shoots, and fine chili pepper)</i>	
9. Mu-Shu Pork.....	7.35
<i>(Shredded pork with egg and vegetables. Served with two pancakes)</i>	
10. Sweet & Sour Pork.....	7.35
11. Shrimp with Vegetables.....	7.65
<i>(Sauteed shrimp served with your choice of snow peas or broccoli)</i>	
12. Chicken Chow Mein.....	7.35
<i>(Soft noodles served with chicken and vegetables)</i>	
13. Chicken Egg Foo Young.....	7.35
14. Assorted Vegetables.....	7.35
15. Beef Chop Suey.....	7.35
16. Sweet & Sour Shrimp.....	7.65
17. Szechwan Pork.....	7.35
<i>(Shredded pork and vegetables with Szechwan hot sauce)</i>	
18. Garlic Scallops.....	9.95
19. Garlic Shrimp.....	7.65
20. Szechwan Shrimp.....	7.65
21. Curry Shrimp.....	7.65
22. Kung Pao Shrimp.....	7.65
23. Shrimp Chop Suey.....	7.65
24. Kung Pao Beef.....	7.35
25. Beef with Green Peppers.....	7.35
26. Beef with Oyster Sauce.....	7.35
27. Orange Peel Beef.....	7.65
28. Orange Peel Chicken.....	7.65
29. Chicken with Assorted Vegetables.....	7.35
30. Mushroom Chicken.....	7.35
31. Cashew Nut Chicken.....	7.35
32. Curry Chicken.....	7.35
33. Kung Pao Vegetables.....	7.35
34. Mu-Shu Vegetables.....	7.35
35. Vegetable Chow Mein.....	7.35
36. B.B.Q. Pork with Snow Peas.....	7.35
37. B.B.Q. Pork with Cabbage.....	7.35
38. Mongolian Pork.....	7.35

👉 hot and spicy item



NEW SHANGHAI

Chinese Restaurant

Mandarin & Szechwan Cuisine • No MSG

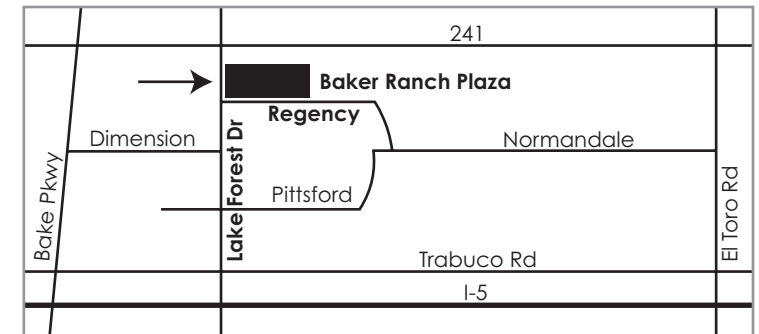
Dine in • Carry out

Gift certificates available



20562 Regency, Suite K
Lake Forest, CA 92630

At Lake Forest & Regency (In the Carl's Jr. center)



map not to scale

(949) 830-1122 • (949) 830-1527

www.newshanghaichinese.com

Mon. – Fri.: 11:30am – 9:00pm

Saturday: 4:00pm – 9:00pm

Sunday: 12:00pm – 9:00pm

(Business hours are subject to change without advance notice)